SCIENTIFIC PROGRAM – ESSM School of Sexual Medicine

Friday 24/11
INTRODUCTION DAY

14.00 – 15.00 Introduction and pre-test
H. Pastoor (The Netherlands), Y. Reisman (The Netherlands), F. Tripodi (Italy)

15.00 – 16.30 Barriers to talking to patients: norms, assumptions and attitude
F. Tripodi (Italy)

16.30 – 17.00 Break

17.00 – 19.00 Introduce yourself (frontal intro of all participants)

Saturday 25/11
SEXUAL DEVELOPMENT AND ORIENTATION

08.30 – 10.30 Sexual development (biological aspects): chromosomal and hormonal variance and clinical cases discussion
G. Corona (Italy)

10.30 – 11.00 Break

11.00 – 13.00 Sexual development (psychological aspect)
F. Tripodi (Italy)

13.00 – 14.00 Lunch

14.00 – 16.00 Gender incongruence + clinical cases
Maria Lucia Pop (Denmark)

16.00 – 16.30 Break

16.30 – 18.00 Sexual orientation + clinical cases
Maria Lucia Pop (Denmark)
Sunday 26/11
SEXUAL IDENTITY AND SEXUAL RESPONSE

08.30 – 10.30  Sexuality in the older population
G. Corona (Italy)

10.30 – 11.00  Break

11.00 – 13.00  Sexual response models: differences and applications in clinical practice
F. Tripodi (Italy)

13.00 – 14.00  Lunch

14.00 - 16.00  Hormones, Brain & Sexual Behaviour
A. Gdalyahu (Israel)

16.00 – 16.30  Break

16.30 – 18.00  Compulsive Sexual Behaviour
M. Lew-Starowicz (Poland)

Monday 27/11
BRAIN, SEXUAL BEHAVIOUR AND CHRONIC CONDITIONS

08.30 – 10.30  Paraphilias
M. Lew-Starowicz (Poland)

10.30 – 11.00  Break

11.00 – 13.00  Roleplay: the “important questions”
Y. Reisman (The Netherlands), F. Tripodi (Italy)

13.00 – 14.00  Lunch

14.00 – 15.00  Sex and culture, rights and ethics
W. Gianotten (The Netherlands)

15.00 – 16.00  Sexual needs of people with physical disability: how we can help them
W. Gianotten (The Netherlands)

16.00 – 16.30  Break

16.30 – 18.00  Sexual history: tips and tricks
Y. Reisman (The Netherlands)
Tuesday 28/11
FERTILITY AND PAIN DISORDERS

08.30 – 10.30  The impact of cancer and chronic diseases on Sexuality
               W. Gianotten (The Netherlands)

10.30 – 11.00  Break

11.00 – 13.00  Female desire and arousal disorders
               A. Giraldi (Denmark)

13.00 – 14.00  Lunch

14.00 – 16.00  Female orgasmic disorders and clinical cases
               A. Giraldi (Denmark)

16.00 – 16.30  Break

16.30 – 18.00  Role play: individual session
               Y. Reisman (The Netherlands), F. Tripodi (Italy)

Wednesday 29/11
SEXUAL THERAPY IN DIFFERENT CONTEXTS

08.30 – 10.30  Contraception, infertility, pregnancy, postpartum, and abortion
               A. Padoa (Israel)

10.30 – 11.00  Break

11.00 – 13.00  Pelvic floor, Genito-pelvic pain/penetration disorders
               A. Padoa (Israel)

13.00 – 14.00  Lunch

FREE AFTERNOON
Thursday 30/11
FEMALE SEXUAL DYSFUNCTIONS

08.30 – 10.30 Management of clinical cases in psychosexual therapy, including (counter) transference
H. Pastoor (The Netherlands)

10.30 – 11.00 Break

11.00 – 13.00 Couple sexual therapy
H. Pastoor (The Netherlands)

13.00 – 14.00 Lunch

14.00 – 16.00 Psychosexual treatment methods
H. Pastoor (The Netherlands)

16.00 – 16.30 Break

16.30 – 18.30 Hypoactive sexual disorder in men + clinical cases from participants
Y. Reisman (The Netherlands)

Friday 1/12
PENILE DISORDERS AND WORKSHOPS ON SPECIFIC TOPICS

08.30 – 10.30 Peyronie and penile disorders (including congenital curvature)
Gynecological Surgery and sexual function
D. Osmonov (Germany), L. Lowenstein (Israel)

10.30 – 11.00 Break

11.00 – 13.00 Roleplay: couple session
Y. Reisman (The Netherlands), F. Tripodi (Italy)

13.00 – 14.00 Lunch

14.00 – 16.00 Workshops with cases (groups on a specific theme)
1. Psychological aspects of erectile dysfunction by E. Kirana (Greece)
2. Chronic pelvic pain: clinical aspects by Y. Reisman (The Netherlands)
3. Working with LGBT population by S. Neves (UK)

16.00 – 16.30 Break

16.30 – 18.30 Workshops with cases (groups on a specific theme)
1. Psychological aspects of ejaculatory disorders by E. Kirana (Greece)
2. PCOS and sexuality by H. Pastoor (The Netherlands)
   & Toys are not only for joy by Y. Reisman (The Netherlands)
3. How to be a kink aware health care provider by S. Neves (UK)
Saturday 2/12
MALE SEXUAL DYSFUNCTIONS

08.30 – 10.30  Panel discussion with cases from participants
10.30 – 11.00  Break
11.00 – 13.00  Ejaculation and orgasm disorders (+ clinical questions from the participants)
               F. Giuliano (France)
13.00 – 14.00  Lunch
14.00 – 16.00  Erectile dysfunction
               M. Fode (Denmark)
16.00 – 16.30  Break
16.30 – 18.00  Sensate focus: tips and tricks. How to instruct and conduct
               E. Kirana (Greece)

Sunday 3/12
CLINICAL CASES

08.30 – 10.30  Panel discussion with cases from participants
10.30 – 11.00  Break
11.00 – 12.00  Post-test and closing
               F. Tripodi (Italy)